



Mindful Resilience Trainer

Candidate Application Pack

Young Gamers and Gamblers Education Trust

Introducing YGAM

The Young Gamers and Gamblers Education Trust (YGAM) is a national education charity with a social purpose to **inform, educate, safeguard and build digital resilience amongst young and vulnerable people, helping them to make informed decisions and understand the consequences around gambling and gaming.**



We enhance understanding

through research and evaluation YGAM aims to enhance the UK's understanding of gambling, gaming and related harm, specifically amongst young and vulnerable people.



We educate practitioners and student peer mentors

to help young and vulnerable people YGAM develop and deliver training courses to professionals and volunteers who support young people at risk from problem gambling or gaming.



We increase awareness

through information and dialogue YGAM increases awareness of youth gambling and gaming as a public health issue with policymakers, educators the industries themselves and key influencers.

To achieve this, YGAM delivers its mission and therefore its social purpose in four ways:



Practitioner Workshops: YGAM delivers accredited training to practitioners, enabling them to deliver the YGAM gambling-related harm prevention programme.



University and Student Engagement: YGAM works in partnership with universities to offer an engaging digital content and a series of campaigns direct to students, supplemented by support and guidance to university staff, to increase understanding of gaming and gambling related harm and the support available.



Research: YGAM continue to work with specialists to research the attitudes, thinking and behaviours of young people towards gambling and gaming to inform its insight and work moving forward.



Parents: Following on from research and working alongside young people, parents and carers, YGAM has developed a parent hub. The hub offers information and support around gaming and gambling for parents and carers, alongside a range of tools and activities for the whole family to build their children's resilience and establish a healthy online/offline balance.

YGAM increases awareness of youth gambling and gaming as a public health issue with policy makers, educators, the industries themselves and key influencers. Our Programmes and Services also contribute to the emerging National Strategy to reduce gambling harms 2019-2021. In particular YGAM's impact contributes to:



Priority Action 1: Research to inform action



Priority Action 2: Prevention



Priority Action 3: Evaluation of the National Strategy

Safer Gambling Training is a collaboration between YGAM & Betknowmore UK. Our training products contribute to the National Strategy to reduce gambling harms, namely Priority Action 5: Industry Collaboration.



Thank you so much for getting in touch about the role we have available at YGAM.

We are looking for two full-time, engaging trainers to join our team to deliver our new Mindful Resilience programme which is being piloted in Greater London.

This new programme will specifically target professionals or volunteers who work in young people's mental health services with the aim to increase their skills, knowledge and confidence when dealing with clients who may be experiencing gambling or gaming related harms. As a trainer you will be responsible for stakeholder engagement and raising awareness of this programme to prospective partners from the NHS, Third Sector, Local Authority, and academic institutions. Once engaged, you will then deliver funded accredited training to the professionals or volunteers within these organisations so they have the confidence to support and signpost clients who may need specialist support or counselling.

We are seeking trainers with an engaging manner and who have the confidence to deliver highly impactful face-to-face training. Due to Covid-19 much of our training has moved online, so you will be supported to deliver that, but we hope to return to face-to-face training next year. In addition, YGAM will offer ongoing learning opportunities for you to develop your knowledge around gaming and gambling-harms as in many cases this will be a 'new' topic you would be introducing to your professional peer group.

These posts are full time with a starting salary of £27,375 per annum (plus a London Weighting allowance of £3,200 if applicable), with the potential to rise based on performance.

To apply please email careers@ygam.org with a copy of your CV and a supporting statement of no more than two pages, outlining how you meet the Person Specification for the role. The closing date for completed applications is **noon on 9 December 2020**.

Successful applicants who make the shortlist will be asked to attend an interview, which is planned to take place on **Friday, 11 December**. Please make sure you can attend this selection day before applying. YGAM are proud to be recognised as an Investors in People organisation, guaranteeing you a purposeful job with plenty of training and career opportunities.

Good luck with your application and thank you so much for your interest in our work. If you would like to arrange an informal conversation about this post please contact: alilutteelliott@ygam.org (Programme Manager).



Ali Lutte-Elliott
Programme Manager



Lee Willows
Founder & Chief Executive

Job description – Mindful Resilience Trainer

Title: Mindful Resilience Trainer

Reports to: Programme Manager and Clinical Lead

Line Manage: N/A

Hours: Full-time / work from home

Salary: £27,375–£29,375 pa based on experience

Probation period: Six months, with formal review at month three

We are currently in the process of reviewing our salary scales therefore, during the transition to the new scales, we are adopting a two-phase approach to awarding end of probationary period pay increases. All new YGAM employees are initially appointed at a salary £2,000 less than their expected point on the YGAM salary scale. On successful completion of their probationary period they will receive a salary increase of £1,200 (60% of £2,000), and in January 2022 they will receive the remaining increase of £800 (40% of £2,000) to bring them in line with their expected point on the new salary scale.

Job Purpose:

The post holder is required to lead the recruitment of delegates for the YGAM Mindful Resilience Programme from the NHS, third sector and academic institutions. Additionally the post holder is required to deliver the Mindful Resilience workshop in their region in conjunction with YGAM colleagues. Finally, seeking suitable conferences and marketing opportunities is critical to this post.

Initially funded for 18 months, Mindful Resilience will be independently evaluated, allowing for further targeted, sector-led development and scalability. There may be an opportunity to extend contracts should the programme be well received and result in successful outcomes.

Key Tasks:

- Lead the recruitment of delegates from the identified target audience and actively manage recruitment pipelines
- Plan, prepare and deliver Mindful Resilience Programme workshops in your region alongside other YGAM/BKM team members
- Assist the accreditation process, working with our project manager to benchmark and assess the learning impact of the developing programme
- Assist improvement and evaluation processes, facilitating modifications to structure, content and delivery as agreed with project management
- Ensure that quality standards and YGAM/BKM values are upheld in the delivery of the Mindful Resilience Programme to ensure that stakeholders continue to engage with follow up opportunities and other service offerings
- Lead the process to identify further training opportunities within the health sector
- Maintain the administrative functions of the role in a timely and organised manner
- Assume leadership of and drive your work to achieve the agreed outcomes

The Disclosure & Barring Service (DBS) – disclosure

This post is subject to a DBS disclosure that is of satisfaction to the Board of Trustees at YGAM. As a UK Registered Charity we promote equality of opportunity and welcome applications from all candidates. Criminal records will be considered for recruitment purposes only when the conviction is relevant.

All applicants who are offered employment will be subject to a criminal record check from the Disclosure & Barring Service before the appointment is confirmed. This will include details of cautions, reprimands or final warnings, as well as convictions. While YGAM waits for the disclosure results from the DBS, training and other admin duties can be commenced by the applicant (part paid, part unpaid). The cost of the DBS disclosure and registration to the DBS subscription service will be met by YGAM.

Person Specification:

Essential

- Educated to degree level or have the equivalent experience
- Membership with a professional body (e.g. BPS, RCOT, RCN, BACP, CIPD etc)
- Direct experience of working within mental health services or in health settings supporting behavioural change
- Experience of providing education, delivering training and/or running groups with clients or professional groups in a field relevant to mental health or addiction
- A detailed understanding of mental health and how to engage the health sector
- Outstanding verbal and written communication skills
- Outstanding networking skills
- Outstanding understanding of I.T applications (Microsoft Word, Excel & PowerPoint especially)
- Experience of driving projects to achieve agreed outcomes
- Ability to work in a highly organised manner with a keen eye for absolute detail
- Live within travelling distance of London

Desirable

- Prior experience developing a sales pipeline or increasing participation in service uptake
- Prior experience gaining 'buy in' to new ideas or supporting changes in practice
- Direct experience providing support within the field of addictions, or in services for young people or in services for 'hard to engage' groups
- Prior experience of audit and evaluation
- Prior lived experience (personal or family) of gaming/gambling harms or behavioural addictions



Young Gamers and Gamblers Education Trust,
71 – 75 Shelton Street, Covent Garden, London, WC2H 9JQ.

www.ygam.org | hello@ygam.org